

Adelle Davis "Eat breakfast like a king, lunch like a prince, and dinner like a pauper.

Non Residents Breakfast Menu

Eggs are served fried, poached or scrambled please tell us when you order.

Full English Breakfast 8.95

Local bacon and sausage, free range organic eggs, grilled tomato or Baked beans, mushrooms, black pudding and fried bread

Veggie Breakfast 6.95

Free range organic eggs, grilled tomato, baked beans, mushrooms, hash browns

Haddock and eggs 8.95

Smoked haddock poached in lemon and butter topped with poached eggs

Isle of Sky Kipper 4.95

Smoked kipper grilled with lemon and herb butter and grilled tomatoes

American style pancakes 4.95 with bacon 6.95

Topped with or without crispy bacon and maple syrup

Eggs Benedict 6.95

Toasted muffin topped with bacon, poached egg and hollandaise sauce

Organic Porridge 3.95

Wholemeal organic oats made with honey and topped with dried fruit/nuts

Omelettes various 6.95

3 free range eggs choose your fillings mushroom, bacon, cheese, tomato

Smoked salmon with scrambled eggs 7.95

Boiled eggs and soldiers 3.95

Things on toast 3.95

Please choose from... poached eggs, baked beans or scrambled egg

Fresh fruit salad with Greek yogurt 3.95

Toast and preserves 1.75

Please see opposite page for tea and coffee menu

W.C Fields " I never drink anything stronger than Gin before breakfast"